



Ministry of higher education and scientific research  
Scientific supervision and evaluation apparatus  
Department of quality assurance and academic  
accreditation

## **Academic program and course description guide**

2024

## **Introduction:**

The educational program is a coordinated and organized package of courses that includes procedures and experiences organized in the form of study vocabulary, the main purpose of which is to build and refine the skills of graduates, making them qualified to meet the requirements of the labor market. It is reviewed and evaluated annually through internal or external audit procedures and programs, such as the external examiner program.

The description of the academic program provides a brief summary of the main features of the program and its decisions, indicating the skills that are being worked on to provide students based on the objectives of the academic program. The importance of this description is manifested because it represents the cornerstone in obtaining program accreditation and is co-written by teaching staff under the supervision of scientific committees in scientific departments.

This manual, in its second version, includes a description of the academic program after updating the vocabulary and paragraphs of the previous manual in the light of the developments and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly) as well as the adoption of the description of the academic program circulated under the book of the Department of studies Pm3/2906 on 3/5/2023 with respect to programs that adopt the Bologna track as the basis for their work.

In this area, we can only emphasize the importance of writing the description of academic programs and curricula to ensure the proper functioning of the educational process.

## Concepts and terminology:

Description of the academic program: the description of the academic program provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course description: provides a brief summary of the most important characteristics of the course and the learning outcomes expected from the student to achieve, proving whether he has made the most of the available learning opportunities. It is derived from the program description.

Program Vision: an ambitious picture of the future of the academic program to be an advanced, inspiring, motivating, realistic and applicable program.

Program message: it briefly explains the goals and activities necessary to achieve them, as well as defines the development paths of the program and its directions.

Program objectives: these are phrases that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum structure: all courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna track), whether it is a requirement (Ministry, University, College and scientific department) with the number of academic units.

Learning outcomes: a compatible set of knowledge, skills and values acquired by the student after the successful completion of the academic program and must determine the learning outcomes for each course in a way that achieves the objectives of the program.

Teaching and learning strategies: these are the strategies used by the faculty member to develop the teaching and learning of the student

and are plans that are followed to reach the learning goals. That is, it describes all classroom and extra-curricular activities to achieve the learning outcomes of the program.

### Academic program description form

University Name: University.... Kirkuk.....

Faculty/Institute: faculty....Physical education and sports science.....

Scientific Department: Department.....

Name of academic or professional program: Bachelor.....Physical education and sports science

Name of the final certificate: Bachelor.....Physical education and sports science

Academic system: annual

Date of preparation of the description:

Date of filling the file:

Signature:

Signature:

Head of department name:

Scientific associate name:

Ihsan Qaddouri Amen

Hamid Muhammad Amash

Date:14-4-2024

Date:14-4-2-24

Check the file by the:

Department of Quality Assurance and University Performance

Department of Quality Assurance and University Performance name:  
Abdulqader Nawzad Ismail

Date:

Signature:

Dean

Authentication

### 1. Program Vision

The College of Physical Education and Sports Sciences seeks to prepare graduates in physical education and sports sciences to work in government departments and benefit from specialization in the practical and applied field.

### 2. Program message

Working to prepare and graduate leading scientific and leadership competencies in the field of physical education and sports sciences and to develop the balance of knowledge in the field of scientific research in the field of physical education and sports sciences to serve the local, regional and international community, as well as training and refining the minds of students scientifically and cognitively, and emphasizing social and cultural values and responsiveness. to local market requirements.

### 3. Program objectives

- 1- Preparing swimming coaches from graduates of physical education and sports sciences
- 2- Introducing students to the types of swimming and how to judge tournaments for this event
- 3- Learn the types of swimming, the correct method for each type, and how to teach swimming to others
- 4- Learn how to swim and how to help a drowning person in order to help others in the future

### 4. Software accreditation

There is no

5. Other external influences
There is no

6. Program structure				
Program structure	Number of courses	Academic unit	Percentage ratio	* notes
Foundation requirements	60	2		Basic course
College requirements	yes			
Department requirements	yes			
Summer internship	There is no			
Other				

\*Comments may include whether the course is basic or optional.

7. Program description				
Year / level	Course code	Course name	Approved hours	
2023-2024/first Class	CPE Sw1	swimming	practical	2

8. Expected learning outcomes of the program	
Knowledge	
1- Enabling students to learn types of swimming	

<p>2- Enabling students to learn rescue swimming and dealing with a drowning person and helping him</p> <p>3- Enabling students to know swimming events and swimming pool measurements</p> <p>4-Enabling students to know the work and role of judges and administrators in the sport of swimming</p>	
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**Skills**

<p>1- Providing students with beginning skills for all types of swimming</p> <p>2- Providing students with first aid and rescue methods</p> <p>3- Teaching students how to teach swimming to beginners</p>	
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**Values**

<p>Developing students' abilities to share ideas and creativity in finding ways to learn swimming and flotation devices</p>	
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**9. Teaching and learning strategies**

<p>1- Explaining the theoretical material to students in detail and applying it</p>
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practically.

2- Students' participation in water sports competitions.

3- Taking into account individual differences, learning by doing, as well as learning with the help of colleagues

4-Spreading the spirit of cooperation and providing rescue and safety tools

## 10. Evaluation methods

1- Monthly exams 2- Annual exams 3- Practical exams

## 11. Teaching staff

### Faculty members

Scientific rank	Specialization		requirements/ Special skills (if any )		teaching staff number	
	General	specific			cadre	
Assistant teacher		Kinesiology			cadre	
	Physical					
	Education					

### Professional development

Mentoring new faculty members

Professional development of faculty members



## 12. Acceptance criterion

Direct admission

## 13. The most important sources of information about the program

1- Vocabulary of the Ministry of Higher Education and Scientific Research for swimming

2- The Scientific Encyclopedia of Swimming/Dr. Samir Abdullah Rizk

3- Introduction to the world of swimming / Dr. Nihad Al-Sulaiman

4- Modern scientific foundations and concepts in teaching and training swimming / Dr. Duraid Majeed Hamid

5- Electronic references/websites (Iraqi Sports Academy)

## 14. Program development plan

To enhance the student's self-confidence in practical life, strengthen his will, develop a love of participation and cooperation, and the possibility of applying what he has learned in a future life to build an educated sports community.

Program skills chart															
				Required learning outcomes of the program											
Year/grade	Course code	Course name	Compulsory or optional	knowledge				skills				Values			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
2023-	CPE Sw1	swimming	Basic	—	—			—	—	—		—	—		
2024/first															
Class															

● Please tick the boxes corresponding to the individual learning outcomes of the program being evaluated

## Course description form

<b>1. Educational institution</b>
Kirkuk University / College of Physical Education and Sports Sciences
<b>2. Scientific department / Center</b>
Branch of theoretical sciences
<b>3. Course name / code</b>
Swimming CPE Sw1
<b>4. Available attendance forms</b>
Daily attendance records for students
<b>5. Semester / year</b>
2023/2024
<b>6. Number of academic hours (total )</b>
60 hours
<b>7. Date of preparation of this description</b>
14-4-2024
<b>8. Course objectives</b>

1- Preparing swimming coaches from graduates of physical education and sports

sciences

2- Introducing students to the types of swimming and how to judge tournaments for this event

3- Learn the types of swimming, the correct method for each type, and how to teach swimming to others

4- Learn how to swim and how to help a drowning person in order to help others in the future

#### 9.Course outputs and methods of teaching, learning and evaluation

##### \* Teaching and learning methods

1- Enabling students to learn types of swimming

2- Enabling students to learn rescue swimming and dealing with a drowning person and helping him

3- Enabling students to know swimming events and swimming pool measurements

4- Enabling students to know the work and role of judges and administrators in the sport of swimming

##### \* Evaluation methods

1- Monthly exams 2- Annual exams 3- Practical exams

**\*sentimental and valuable goals**

1- Raising the cognitive values of academic subjects and learning the types of

swimming and the role of judges and administrators in water sports

2- Raising students' efficiency and teaching abilities and learning to train beginners in swimming

3- By learning about the new aqueous medium, students prefer the practical application of the teacher's instructions and the theoretical material

4- Raising emotional values by learning rescue swimming and methods of caring for a drowning person

**\*general and qualifying skills transferred ( other skills related to employability and personal development )**

- Enhancing students' motivation and motivation to achieve their future goals.

### 10.Course structure

Week	hour	Required learning outcomes	Name of the unit / subject	Learning method	Evaluation method
first	2		An overview of the history of swimming in the ancient and modern world and Iraq	Explaining theoretical lectures using teaching and presentation methods as well as practical application	Exams and evaluation of students' participation in festivals and camps
second	2		Swimming is important		
third	2		The effect of swimming on the human body		
fourth	2		Factors affecting the process of learning to swim		
fifth	2		The first educational stage		
sixth	2		Trust with water		

Seventh	2		Regulating breathing		
eighth	2		The first exam for the first semester		
ninth	2		Buoyancy skill		
tenth	2		Flow skill		
eleventh	2		Arm movement in swimming		
twelfth	2		Movement of the legs in swimming		
thirteenth	2		The second educational stage / full swimming		
Fourteenth	2		The skill of stopping in water		
fifteenth	2		The second exam for the first semester		
sixteenth	2		Jumping into the water/on the head and on the feet		

seventeenth	2		Types of swimming/freestyle swimming		
Eighteenth	2		Backstroke		
nineteenth	2		Butterfly swimming		
Twenty	2		Breaststroke		
Twenty-First	2		Swimming pool measurements		
Twenty-second	2		Starting to swim		
Twenty-third	2		The first exam of the second semester		
Twenty-fourth	2		Start and turn in freestyle swimming		
Twenty-fifth	2		Start and rotation in backstroke		
Twenty-sixth	2		Starting and turning in butterfly swimming		



Twenty-seventh	2		Starting and turning in breaststroke		
Twenty-eighth	2		Rescue swimming and team rescue		
Twenty-ninth	2		Rescue methods and first aid for drowning people		
Thirtieth	2		The second exam for the second semester		

## 11. Course development plan

Following up on updates on the law governing the four types of swimming, and what are the latest developments on water sports and jumping into the water, enhancing the student's self-confidence in practical life, strengthening his will, developing a love of participation and cooperation, and the possibility of applying what he has learned in his future life. Learning to swim is also considered a guarantee for life and reducing swimming illiteracy, as well as helping and saving others. Community members when needed