



Ministry of higher education and scientific research
Scientific supervision and evaluation apparatus
Department of quality assurance and academic
accreditation

Academic program and course description guide

2024

Introduction:

The educational program is a coordinated and organized package of courses that includes procedures and experiences organized in the form of study vocabulary, the main purpose of which is to build and refine the skills of graduates, making them qualified to meet the requirements of the labor market. It is reviewed and evaluated annually through internal or external audit procedures and programs, such as the external examiner program.

The description of the academic program provides a brief summary of the main features of the program and its decisions, indicating the skills that are being worked on to provide students based on the objectives of the academic program. The importance of this description is manifested because it represents the cornerstone in obtaining program accreditation and is co-written by teaching staff under the supervision of scientific committees in scientific departments.

This manual, in its second version, includes a description of the academic program after updating the vocabulary and paragraphs of the previous manual in the light of the developments and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly) as well as the adoption of the description of the academic program circulated under the book of the Department of studies Pm3/2906 on 3/5/2023 with respect to programs that adopt the Bologna track as the basis for their work.

In this area, we can only emphasize the importance of writing the description of academic programs and curricula to ensure the proper functioning of the educational process.

Concepts and terminology:

Description of the academic program: the description of the academic program provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course description: provides a brief summary of the most important characteristics of the course and the learning outcomes expected from the student to achieve, proving whether he has made the most of the available learning opportunities. It is derived from the program description.

Program Vision: an ambitious picture of the future of the academic program to be an advanced, inspiring, motivating, realistic and applicable program.

Program message: it briefly explains the goals and activities necessary to achieve them, as well as defines the development paths of the program and its directions.

Program objectives: these are phrases that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum structure: all courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna track), whether it is a requirement (Ministry, University, College and scientific department) with the number of academic units.

Learning outcomes: a compatible set of knowledge, skills and values acquired by the student after the successful completion of the academic program and must determine the learning outcomes for each course in a way that achieves the objectives of the program.

Teaching and learning strategies: these are the strategies used by the faculty member to develop the teaching and learning of the student

and are plans that are followed to reach the learning goals. That is, it describes all classroom and extra-curricular activities to achieve the learning outcomes of the program.

Academic program description form

University Name: University.... Kirkuk.....

Faculty/Institute: faculty....Physical education and sports science.....

Scientific Department: Department.....

Name of academic or professional program: Bachelor.....Physical education and sports science

Name of the final certificate: Bachelor.....Physical education and sports science

Academic system: annual

Date of preparation of the description:

Date of filling the file:

Signature:

Head of department name:

Date:

Signature:

Scientific associate name:

Date:

Check the file by the:

Department of Quality Assurance and University Performance

Department of Quality Assurance and University Performance name:
Abdulqader Nawzad Ismail

Date:

Signature:

Dean

Authentication

1. Program Vision

The College of Physical Education and Sports Sciences seeks to prepare graduates in physical education and sports sciences to work in government departments and benefit from .specialization in the practical and applied field

2. Program message

Working to prepare and graduate leading scientific and leadership competencies in the field of physical education and sports sciences and to develop the balance of knowledge in the field of scientific research in the field of physical education and sports sciences to serve the local, regional and international community, as well as training and refining the minds of students scientifically and cognitively, and emphasizing social and cultural values and responsiveness. to local market requirements.

3. Program objectives

- 1- Introducing the sport of wrestling, its features, goals, benefits, and a historical overview of it.
- 2- Introducing the sport of wrestling and methods of teaching it
- 3- Teaching students the skills of wrestling
- 4- Teaching students to cooperate among themselves
- 5- Knowing the laws of the wrestling game according to its types

4. Software accreditation

There is no

5. Other external influences

There is no

6. Program structure				
Program structure	Number of courses	Academic unit	Percentage ratio	* notes
Foundation requirements	60	2		Basic course
College requirements	Yes			
Department requirements	yes			
Summer internship	nothing			
Other				

*Comments may include whether the course is basic or optional.

7. Program description				
Year / level	Course code	Course name	Approved hours	
2023\2024\third	CPE WR3	wrestling	practical	2

8. Expected learning outcomes of the program	
Knowledge	
A historical overview of the sport of wrestling in the world and Iraq -1	
Introduction to the sport of wrestling -2	
Establishing the International, Arab and Iraqi Wrestling Federation -3	
Identifying and preventing injuries in the sport of wrestling -4	

Skills	
The skill of the ready stance - 1 in freestyle wrestling	
The skill of the ready stance - 2 in Roman wrestling	
Championships and weights – 3 in competitions	
Values	
The theoretical materials -1 simulate students' sense of familiarity with cognitive aspects and how to apply them practically	
Raising the cognitive values of -2 academic subjects through practical application	
Raising students' efficiency and -3 teaching abilities in physical education lessons during application	
Raising the emotional aspects -4 of students by holding sports competitions and feeling .responsible towards others	

9. Teaching and learning strategies

Adopting the method of brainstorming and brainstorming.

Using a data show to explain training methods

Using films from the last Olympic tournament to explain the law and the method of performing the referee.

10. Evaluation methods
.Daily, weekly, monthly exams and the end of the year exam

11. Teaching staff						
Faculty members						
Scientific rank	Specialization		requirements/ Special skills (if any)		teaching staff number	
	General	specific			cadre	
Assistant teacher	Physical education and sports sciences	Psychology/Boxing			cadre	

Professional development
Mentoring new faculty members
Professional development of faculty members

12. Acceptance criterion
Direct admission

13. The most important sources of information about the program
Methodology books/auxiliary books
Basic texts prepared by the subject teacher
Reports - periodicals and scientific journals

International Information Network (Internet)

14. Program development plan

To enhance the student's self-confidence in practical life, strengthen his will, develop a love of participation and cooperation, and the possibility of applying what he has learned in a future life to build an educated sports community.

Program skills chart															
				Required learning outcomes of the program											
Year/grade	Course code	Course name	Compulsory or optional	knowledge				skills				Values			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
thir/2023\2024 d	CPE WR3	Wrestling		—	—			—	—	—		—	—		

• Please tick the boxes corresponding to the individual learning outcomes of the program being evaluated

Course description form

1. Educational institution
Kirkuk University / College of Physical Education and Sports Sciences
2. Scientific department / Center
3. Course name / code
Wrestling/CPE WR3
4. Available attendance forms
Student daily attendance records
5. Semester /year
2023\2024
6. Number of academic hours (total)
60 hours
7. Date of preparation of this description
28\3\2024
8. Course objectives

- 1- The theoretical materials simulate students' sense of familiarity with cognitive aspects and how to apply them practically
- 2- Raising the cognitive values of academic subjects through practical application
- 3- Raising students' efficiency and teaching abilities in physical education lessons during application
- 4- Raising the emotional aspects of students through holding sports competitions and feeling responsible towards others.

9.Course outputs and methods of teaching, learning and evaluation

A- Cognitive objectives

- 1- Knowing how to teach the basic skills of wrestling
- 2- Knowing how to stand ready in all types of wrestling
- 3- Identify the wrestling equipment and stadium
- 4-Learn about the types of wrestling
- 5- Identify common injuries in wrestling

B- The skills objectives of the course

- 1 - The skill of the ready stance in all types of wrestling**
- 2 - Grabbing and tackling skills**
- 3 - Skills required in the sport of wrestling**

*** Teaching and learning methods**

education

- 1- The theoretical materials simulate students' sense of familiarity with cognitive aspects and how to apply them practically
- 2- Raising the cognitive values of academic subjects through practical application
- 3- Raising students' efficiency and teaching abilities in physical education lessons during application
- 4- Raising the emotional aspects of students through holding sports competitions and feeling responsible towards others.

*** Evaluation methods**

- Daily exam.
- Quarterly exam.
- Practical exam

C-sentimental and valuable goals

- Strengthening the student's personality and self-confidence.
- Promoting the values of courage, love and cooperation for students.

D-general and qualifying skills transferred (other skills related to employability and personal development)

- Enhancing students' motivation and motivation to achieve their future goals.

1- Playing skill

2- Arbitration skill

3- Tournament management

10.Course structure

Week	Hours	Required learning outcomes	Name of the unit / subject	Learning method	evaluation method
first	2	Definition/explanation of warm-up	Wrestling		Daily exams + daily student participation evaluation + quarterly exams + final exams
second	2	Join the Roman free standing game			

third	2	Wrestling at the Olympics Prepare for Romanian freestyle			
fourth	2	Basic skills: moving forward and backward, Romanian freestyle			
fifth	2	Types of grabs/grab from ground combat position			
sixth	2	Types of grabs/moving left and right, Romanian			
Seventh	2	Wrestling training takes place in the ground wrestling position			
eighth	2	Strength in the game of wrestling / re-handling the ground struggle			
ninth	2	Free wrestling training			
tenth	2	Strength in wrestling game			
eleventh	2	The technique in wrestling is the ground grappling position			
twelfth	2	Stages of performing artistic grabs			

thirteenth	2	Grab in Roman position attack and counterattack			
Fourteenth	2	Reset all grabs to ground position			
fifteenth	2	First semester exam			
sixteenth	2	Explanation of the international law of wrestling			
seventeenth	2	Mat measurements and wrestling clothing			
Eighteenth	2	Draw for the preliminary rounds			
nineteenth	2	The final consolation round draw			
Twenty	2	Explanation of the full draw and retakes of the races			
Twenty-First	2	The law of the beginning and end of the fight			
Twenty-second	2	Law Some important notes on the law of the game			

Twenty-third	2	The law of breaking a tie in a fight			
Twenty-fourth	2	The law of breaking a tie when moving from seventh to tenth place			
Twenty-fifth	2	The law of types of winning in wrestling			
Twenty-sixth	2	Law of evaluation of holds in wrestling			
Twenty-seventh	2	Re-grabs from a standing position			
Twenty-eighth	2	Re-explaining the articles of the law by drawing lots			
Twenty-ninth	2	Theoretical exam			
Thirtieth	2	Practical exam			

11. Course development plan

Following up on changes in international law, the latest developments in the game, recent developments in sports training and motor learning, following up on special devices and tools in teaching and training the game, and relying on modern sources and .references