



Ministry of higher education and scientific research
Scientific supervision and evaluation apparatus
Department of quality assurance and academic
accreditation

Academic program and course description guide

2024

Introduction:

The educational program is a coordinated and organized package of courses that includes procedures and experiences organized in the form of study vocabulary, the main purpose of which is to build and refine the skills of graduates, making them qualified to meet the requirements of the labor market. It is reviewed and evaluated annually through internal or external audit procedures and programs, such as the external examiner program.

The description of the academic program provides a brief summary of the main features of the program and its decisions, indicating the skills that are being worked on to provide students based on the objectives of the academic program. The importance of this description is manifested because it represents the cornerstone in obtaining program accreditation and is co-written by teaching staff under the supervision of scientific committees in scientific departments.

This manual, in its second version, includes a description of the academic program after updating the vocabulary and paragraphs of the previous manual in the light of the developments and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly) as well as the adoption of the description of the academic program circulated under the book of the Department of studies Pm3/2906 on 3/5/2023 with respect to programs that adopt the Bologna track as the basis for their work.

In this area, we can only emphasize the importance of writing the description of academic programs and curricula to ensure the proper functioning of the educational process.

Concepts and terminology:

Description of the academic program: the description of the academic program provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course description: provides a brief summary of the most important characteristics of the course and the learning outcomes expected from the student to achieve, proving whether he has made the most of the available learning opportunities. It is derived from the program description.

Program Vision: an ambitious picture of the future of the academic program to be an advanced, inspiring, motivating, realistic and applicable program.

Program message: it briefly explains the goals and activities necessary to achieve them, as well as defines the development paths of the program and its directions.

Program objectives: these are phrases that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum structure: all courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna track), whether it is a requirement (Ministry, University, College and scientific department) with the number of academic units.

Learning outcomes: a compatible set of knowledge, skills and values acquired by the student after the successful completion of the academic program and must determine the learning outcomes for each course in a way that achieves the objectives of the program.

Teaching and learning strategies: these are the strategies used by the faculty member to develop the teaching and learning of the student

and are plans that are followed to reach the learning goals. That is, it describes all classroom and extra-curricular activities to achieve the learning outcomes of the program.

Academic program description form

University Name: University.... Kirkuk.....

Faculty/Institute: faculty....Physical education and sports science.....

Scientific Department: Team sport department

Name of academic or professional program: Bachelor.....Physical education and sports science

Name of the final certificate: Bachelor.....Physical education and sports science

Academic system: annual

Date of preparation of the description: 28/3/2024

Date of filling the file: 28/3/2024

Signature:

Head of department name: Asst. Prof.
Dr. weaam amir abdulla

Date:

Signature:

Scientific associate name: Lecturer.Dr.
Hamid Mohamed Amash

Date:

Check the file by the:

Department of Quality Assurance and University Performance

Department of Quality Assurance and University Performance name:
Abdulqader Nawzad Ismail

Date:

Signature:

Dean

Authentication

1. Program Vision

The College of Physical Education and Sports Sciences seeks to prepare graduates in physical education and sports sciences to work in government departments and benefit from .specialization in the practical and applied field

2. Program message

Working to prepare and graduate leading scientific and leadership competencies in the field of physical education and sports sciences and to develop the balance of knowledge in the field of scientific research in the field of physical education and sports sciences to serve the local, regional and international community, as well as training and refining the minds of students scientifically and cognitively, and emphasizing social and cultural values and responsiveness. to local market requirements

3. Program objectives

-1Urging the students to master the basic skills in the artistic performance of gymnastics.

2- Preparing female students to become familiar with some of the law's subjects, including types of referees and committees organizing tournaments in gymnastics.

(3-Teaching basic skills on artistic gymnastics equipment (floor movements mat, balance beam, jumping table

4. Software accreditation

There is non

5. Other external influences

There is non

6. Program structure

Program structure	Number of courses	Academic unit	Percentage ratio	* notes
institution requirements	60	2		Compulsory

College requirements	yes			
Department requirements	yes			
Summer internship	nothing			
Other				

*Comments may include whether the course is basic or optional.

7. Program description				
Year / level	Course code	Course name	Approved hours	
third 2024-2023	CPE TG3	Artistic gymnastics / female students	practical	2

8. Expected learning outcomes of the program	
Knowledge	
<p>1-Knowledge of gymnastics equipment for women</p> <p>2--Knowing and understanding gymnastics skills on the floor movements mat / lecture method / evaluation out of 10</p> <p>3- Understanding how to help and take safety measures and prevent injuries and damage.</p> <p>4-Knowing the common mistakes in those learned skills.</p> <p>A5- Knowing and understanding how to teach skills and taking the role of the teacher in explaining and leading the lesson</p>	

Skills	
<p>-Learn and master performing skills on a device</p> <p>Floor movement mat</p> <p>2 - Learn and master the performance of skills on the jumping platform device</p> <p>3 - Learn and master the performance of skills on the balance beam</p> <p>Learn and master the -4 performance of skills on a parallel bar at different heights</p>	
Values	
<p>Students are evaluated after conducting diagnostic tests; To determine the current range of students' potentials and abilities for the purpose of identifying ,individual differences</p>	

9. Teaching and learning strategies
<p>Striving for purposeful diversification in the use of teaching methods, such as using the lecture method, the interrogation method, the problem-solving method, the use of educational technology and the guided discovery method, the use of well-known teaching methods, and the use of scheduling training according to skill, such as fixed and variable training, intensive and distributed .training, and sequential and random training</p>

10. Evaluation methods
<p>Daily, weekly, monthly exams and the end of the year exam</p>

11. Teaching staff						
Faculty members						
Scientific rank	Specialization		requirements/ Special skills (if any)		teaching staff number	
	General	specific			cadre	
Assistant teacher					cadre	

Professional development
Mentoring new faculty members
Professional development of faculty members

12. Acceptance criterion
Direct admission

13. The most important sources of information about the program
<p>1 Gymnastics - for the second grades, College of Physical Education / Baghdad 1985, Prof. Saeb Attia Ahmed, Prof. Ibrahim Khalil</p> <p>2-The International Law of Artistic Gymnastics for Women, translated by Prof. Dr. Firdous Majeed</p> <p>-3Electronic references/websites (Iraqi Sports Academy -</p>

14. Program development plan

Enhancing the student's self-confidence in practical life, strengthening his will, developing a love of participation and cooperation, and the possibility of applying what he has learned in future life to build a sustainable sports community.

Program skills chart

Program skills chart				Required learning outcomes of the program											
Year/grade	Course code	Course name	Compulsory or optional	knowledge				skills				Values			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
third/2024-2023	CPE TG3	Artistic gymnastics	basic	—	—			—	—	—		—	—		

● Please tick the boxes corresponding to the individual learning outcomes of the program being evaluated

Course description form

1. Educational institution
Kirkuk University / College of Physical Education and Sports Sciences
2.Scientific department / Center
Team sport department
3.Course name / code
Technical Gymnastics CPT TG3
4.Available attendance forms
Student daily attendance records
5.Semester /year
2023-2024
6.Number of academic hours (total)
60
7.Date of preparation of this description
28-3-2024
8.Course objectives
- Building a generation capable of leading students in schools

2-Teaching artistic gymnastics skills to women

3- Teaching how to hold school festivals and tournaments for women's artistic gymnastics in the education directorates

4- Teaching methods of assistance in gymnastics and how to direct female students towards safe performance

5-Teaching some basic principles in gymnastics training for women

6Urging students to spread sports awareness and the role of gymnastics in particular in building an integrated healthy generation

7- Instilling the principles of education and the spirit of cooperation among female students, rejecting forms of violence, hatred and aggression among female students, and instilling love and respect.

9.Course outputs and methods of teaching, learning and evaluation

Cognitive objectives

- Knowledge of gymnastics equipment for women

A2-Knowing and understanding gymnastics skills on the floor movements mat / lecture method / evaluation out of 10

A3- Understanding how to help and take safety measures and prevent injuries and damage.

A4-Knowing the common mistakes in those learned skills.

A5- Knowing and understanding how to teach skills and taking the role of the teacher in explaining and leading the lesson

A6- Knowing how to give corrective, reinforcement, and supportive feedback for

performance

*** Teaching and learning methods**

Diversity in applying the stages of learning, from explaining, presenting, and applying the skill through giving a lecture, using the learning circle, learning small groups, and studying cases of common mistakes and how to avoid them.

*** Evaluation methods**

-Daily work, 2-Monthly exams, 3-Annual exams, 4-Practical exams

C-sent- Emotional and value goals

1-Theoretical materials simulate the students' sense of familiarity with cognitive aspects and how to apply them practically

2- Raising the cognitive values of academic subjects and learning discipline, endurance and adaptation

3- Raising the students' efficiency and teaching abilities in physical education lessons during application, learning formations, and class control

4-- Raising emotional values by taking responsibility, working with the team, and helping others mental and valuable goals

D-general and qualifying skills transferred (other skills related to employability and personal development)

Providing presentation skills to the lecturer and the art of listening to the students

10.Course structure					
Week	hours	Required learning outcomes	Name of the unit / subject	Learning method	Evaluation method
first	2	Meeting with the students and giving the necessary instructions	Technical Gymnastics	Theoretical lecture	
second		Review all basic skills acquired in previous years			Application and correction
third		Handstand skill training - the rights and			

		duties of the female athlete			
fourth		Teaching the human wheel skill on the floor mat			
fifth		Law of ground motions			
sixth		Teaching the Arabic jump skill			
Seventh		Floor mat law			
eighth		The first exam for the first semester			
ninth		Front hands jump on the floor			
tenth		Training to perform a series of movements on the floor mat			
eleventh		Rotating from bottom to top on the balance beam			

twelfth		Jump with your feet on the balance beam			
thirteenth		Balance beam law			
Fourteenth		Jump to take a step on the balance beam			
fifteenth		The second exam for the first semester			
sixteenth		Forward roll on the balance beam			
seventeenth		Hand jump on the jumping table			
Eighteenth		Hand jump training			
nineteenth		Jumping - table law			
Twenty		Hand jump training			
Twenty-First		Jumping - table law			

Twenty-second		Arabian jump on the jumping table			
Twenty-third		Evaluate jumps on a jumping table			
Twenty-fourth		Jumping - table law			
Twenty-fifth		The first exam of the second semester			
Twenty-sixth		Jumping with double jumps based on parallel bars of different heights			
Twenty-seventh		jumps on a jumping table			
Twenty-eighth		Landing with your feet in front of you			
Twenty-ninth		Law of parallel device of different height			

Thirtieth		exam			
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11. Course development plan

The student will be familiar with some of the law's subjects, including types of referees, committees organizing tournaments in gymnastics, and distinguishing between special skills on different gymnastics equipment