



Ministry of higher education and scientific research  
Scientific supervision and evaluation apparatus  
Department of quality assurance and academic  
accreditation

## **Academic program and course description guide**

2024

## **Introduction:**

The educational program is a coordinated and organized package of courses that includes procedures and experiences organized in the form of study vocabulary, the main purpose of which is to build and refine the skills of graduates, making them qualified to meet the requirements of the labor market. It is reviewed and evaluated annually through internal or external audit procedures and programs, such as the external examiner program.

The description of the academic program provides a brief summary of the main features of the program and its decisions, indicating the skills that are being worked on to provide students based on the objectives of the academic program. The importance of this description is manifested because it represents the cornerstone in obtaining program accreditation and is co-written by teaching staff under the supervision of scientific committees in scientific departments.

This manual, in its second version, includes a description of the academic program after updating the vocabulary and paragraphs of the previous manual in the light of the developments and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly) as well as the adoption of the description of the academic program circulated under the book of the Department of studies Pm3/2906 on 3/5/2023 with respect to programs that adopt the Bologna track as the basis for their work.

In this area, we can only emphasize the importance of writing the description of academic programs and curricula to ensure the proper functioning of the educational process.

## Concepts and terminology:

Description of the academic program: the description of the academic program provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course description: provides a brief summary of the most important characteristics of the course and the learning outcomes expected from the student to achieve, proving whether he has made the most of the available learning opportunities. It is derived from the program description.

Program Vision: an ambitious picture of the future of the academic program to be an advanced, inspiring, motivating, realistic and applicable program.

Program message: it briefly explains the goals and activities necessary to achieve them, as well as defines the development paths of the program and its directions.

Program objectives: these are phrases that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum structure: all courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna track), whether it is a requirement (Ministry, University, College and scientific department) with the number of academic units.

Learning outcomes: a compatible set of knowledge, skills and values acquired by the student after the successful completion of the academic program and must determine the learning outcomes for each course in a way that achieves the objectives of the program.

Teaching and learning strategies: these are the strategies used by the faculty member to develop the teaching and learning of the student

and are plans that are followed to reach the learning goals. That is, it describes all classroom and extra-curricular activities to achieve the learning outcomes of the program.

### Academic program description form

University Name: University.... Kirkuk.....

Faculty/Institute: faculty....Physical education and sports science.....

Scientific Department: Team sports department

Name of academic or professional program: Bachelor.....Physical education and sports science

Name of the final certificate: Bachelor.....Physical education and sports science

Academic system: annual

Date of preparation of the description:

Date of filling the file:

Signature:

Head of department name: Asst. Prof.  
Dr. weaam amir abdulla

Date:

Signature:

Scientific associate name: Lecturer.Dr.  
Hamid Mohamed Amash

Date:

Check the file by the:

Department of Quality Assurance and University Performance

Department of Quality Assurance and University Performance name:  
Abdulqader Nawzad Ismail

Date:

Signature:

Dean

## Authentication

### 1. Program Vision

The College of Physical Education and Sports Sciences seeks to recruit graduates in physical education and sports sciences to work in government departments And benefit from .specialization in the practical and applied field

### 2. Program message

Working to prepare and graduate leading scientific and leadership competencies in the field of physical education and sports sciences and to develop the balance of knowledge in the field of scientific research in the field of physical education and sports sciences to serve the local, regional and international community, as well as training and refining the minds of students scientifically and cognitively, and emphasizing social and cultural values and responsiveness. to local market requirements

### 3. Program objectives

1-Urging students to master the basic skills in the artistic performance of gymnastics.

2- Preparing the student to become familiar with some of the law's subjects, including types of referees and committees organizing tournaments in gymnastics.

3-Teaching basic skills on artistic gymnastics equipment (floor movements mat, handles, hoops, jumping, - ...)(parallel bars, horizontal bars

### 4. Software accreditation

There is non

### 5. Other external influences

There is non

### 6. Program structure

Program structure	Number of courses	Academic unit	Percentage ratio	* notes
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institution requirements	60 H	2		Compulsory
College requirements	Yes			
Department requirements	Yes			
Summer internship	Nothing			
Other				

\*Comments may include whether the course is basic or optional.

7. Program description				
Year / level	Course code	Course name	Approved hours	
third/2024-2023	CPE TG3	Artistic gymnastics / students	practical	2

8. Expected learning outcomes of the program	
Knowledge	
<p>1- Enabling the student to know the technical and educational aspects of the basic skills in gymnastics.</p> <p>2- Knowledge of gymnastics law</p> <p>Identify the relationship of -3 gymnastics to the various .natural sciences</p>	
Skills	

Improving the level of technical performance of motor skills in gymnastics	
<b>Values</b>	
Developing the ability to visualize and visualize gymnastics skills before performing them	

<b>9. Teaching and learning strategies</b>
- Developing students' necessary physical abilities on gymnastics equipment. 2- How to evaluate performance on different gymnastics equipment.  Form a movement group that includes the movement requirements for -3 gymnastics equipment

<b>10. Evaluation methods</b>
Daily, weekly, monthly exams and the end of the year exam

<b>11. Teaching staff</b>						
Faculty members						
Scientific rank	Specialization		requirements/ Special skills (if any )		teaching staff number	
	General	specific			cadre	
Assistant teacher					cadre	

<b>Professional development</b>
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Orienting new faculty members
Professional development of faculty members

## 12. Acceptance criterion

Direct admission

## 13. The most important sources of information about the program

Dr. Mayouf Thanoun, Amer Muhammad Saudi: Introduction to the basic movements of men's gymnastics, University of Mosul 1988.

2- Muhammad Ibrahim Shehata: Contemporary Gymnastics Training, Dar Al-Fikr Al-Arabi, 2003.

3- International Gymnastics Law 2022 - International Gymnastics Federation, translated by Salah Askar

4- Main references (sources): the Internet and websites.

5- Books and references recommended by scientific journals, reports, master's theses, and doctoral dissertations.

6-(Electronic references/websites (Iraqi Sports Academy -

## 14. Program development plan

Enhancing the student's self-confidence in practical life, strengthening his will, developing a love of participation and cooperation, and the possibility of applying what he has learned in future life to build a sustainable sports community..



**Program skills chart**

Program skills chart				Required learning outcomes of the program											
Year/grade	Course code	Course name	Compulsory or optional	knowledge				skills				Values			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
third 2024-2023	CPE TG3	Artistic gymnastics	Basic	—	—			—	—	—		—	—		

● Please tick the boxes corresponding to the individual learning outcomes of the program being evaluated

## Course description form

<b>1. Educational institution</b>
Kirkuk University / College of Physical Education and Sports Sciences
<b>2.Scientific department / Center</b>
Team sport department
<b>3.Course name / code</b>
Technical Gymnastics CPT TG3
<b>4.Available attendance forms</b>
Student daily attendance records
<b>5.Semester /year</b>
2024/2023
<b>6.Number of academic hours (total )</b>
60
<b>7.Date of preparation of this description</b>
2024/3/28
<b>8.Course objectives</b>
Developing students' necessary physical abilities on gymnastics equipment

Use educational resources to obtain specialized information regarding the game of gymnastics

## **9.Course outputs and methods of teaching, learning and evaluation**

### **A- Cognitive objectives**

- Identifying the relationship of gymnastics to various natural sciences.
- Enabling students to distinguish between special skills on different gymnastics equipment.

### **B- The skills objectives of the course**

- Learn the technical and educational aspects of the basic skills in gymnastics

### **\* Teaching and learning methods**

Field participation in tournaments

### **\* Evaluation methods**

Daily exam.

- Quarterly exam.

- Extracurricular activities
C-sentimental and valuable goals Strengthening the student's personality and self-confidence. - Promoting the values of courage, love and cooperation for students
D-general and qualifying skills transferred ( other skills related to employability and personal development )

10.Course structure					
Week	Hours	Required learning outcomes	Name of the unit / subject	Learning method	Evaluation method
first	2	-Reinstatement of previous skills	Technical Gymnastics	Theoretical and practical lectures	Semester exams + reports
second	2	Floor movements mat / standing on			

		the head and then rolling			
third	2	Round off			
fourth	2	Reinstatement of previous skills			
fifth	2	Front hands jump			
sixth	2	Head jump			
Seventh	2	International Gymnastics Law (Articles 11-13)			
eighth	2	The first exam for the first semester			
ninth	2	Pommel Horse / Weighted Scissors			
tenth	2	Likely to enter the two leg			
eleventh	2	Pommel horse device law			
twelfth	2	Landing side sections			

thirteenth	2	Pommel horse tool			
Fourteenth	2	Angular fulcrum			
fifteenth	2	The second exam for the first semester			
sixteenth	2	Forward shoulder rotation			
seventeenth	2	Backstroke landing			
Eighteenth	2	Ring Tool			
nineteenth	2	-Jumping table device, front hand jump			
Twenty	2	Front hands jump			
Twenty-First	2	Evaluate jumps on a jumping table			
Twenty-second	2	-Jumping table law			
Twenty-third	2	The first exam of the second semester			

Twenty-fourth	2	Parallel/pronation of the hummers			
Twenty-fifth	2	Shoulder stands are weighted			
Twenty-sixth	2	Facing balled landing with half turn			
Twenty-seventh	2	Parallel bar law			
Twenty-eighth	2	Small posterior rotation device			
Twenty-ninth	2	The law of the horizontal bar			
Thirtieth	2	The second exam for the second semester			

## 11. Course development plan

The student will be familiar with some of the law's subjects, including types of referees, committees organizing tournaments in gymnastics, and distinguishing between special skills on different gymnastics equipment