



Ministry of higher education and scientific research
Scientific supervision and evaluation apparatus
Department of quality assurance and academic
accreditation

Academic program and course description guide

2024

Introduction:

The educational program is a coordinated and organized package of courses that includes procedures and experiences organized in the form of study vocabulary, the main purpose of which is to build and refine the skills of graduates, making them qualified to meet the requirements of the labor market. It is reviewed and evaluated annually through internal or external audit procedures and programs, such as the external examiner program.

The description of the academic program provides a brief summary of the main features of the program and its decisions, indicating the skills that are being worked on to provide students based on the objectives of the academic program. The importance of this description is manifested because it represents the cornerstone in obtaining program accreditation and is co-written by teaching staff under the supervision of scientific committees in scientific departments.

This manual, in its second version, includes a description of the academic program after updating the vocabulary and paragraphs of the previous manual in the light of the developments and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly) as well as the adoption of the description of the academic program circulated under the book of the Department of studies Pm3/2906 on 3/5/2023 with respect to programs that adopt the Bologna track as the basis for their work.

In this area, we can only emphasize the importance of writing the description of academic programs and curricula to ensure the proper functioning of the educational process.

Concepts and terminology:

Description of the academic program: the description of the academic program provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course description: provides a brief summary of the most important characteristics of the course and the learning outcomes expected from the student to achieve, proving whether he has made the most of the available learning opportunities. It is derived from the program description.

Program Vision: an ambitious picture of the future of the academic program to be an advanced, inspiring, motivating, realistic and applicable program.

Program message: it briefly explains the goals and activities necessary to achieve them, as well as defines the development paths of the program and its directions.

Program objectives: these are phrases that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum structure: all courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna track), whether it is a requirement (Ministry, University, College and scientific department) with the number of academic units.

Learning outcomes: a compatible set of knowledge, skills and values acquired by the student after the successful completion of the academic program and must determine the learning outcomes for each course in a way that achieves the objectives of the program.

Teaching and learning strategies: these are the strategies used by the faculty member to develop the teaching and learning of the student

and are plans that are followed to reach the learning goals. That is, it describes all classroom and extra-curricular activities to achieve the learning outcomes of the program.

Academic program description form

University Name: University.... Kirkuk.....

Faculty/Institute: faculty....Physical education and sports science.....

Scientific Department: Department Theoretical sciences

Name of academic or professional program: Bachelor.....Physical education and sports science

Name of the final certificate: Bachelor.....Physical education and sports science

Academic system: annual

Date of preparation of the description:1-9-2023

Date of filling the file:14-4-2024

Signature:

Head of department name:

Date:

Signature:

Scientific associate name:

Date:

Check the file by the:

Department of Quality Assurance and University Performance

Department of Quality Assurance and University Performance name:
Abdulqader Nawzad Ismail

Date:

Signature:

Dean

Authentication

1. Program Vision

College of Physical Education and Sports Sciences seeks to prepare graduates in physical education and sports sciences to work in government departments and benefit from specialization in the practical and applied field.

2. Program message

Working to prepare and graduate leading scientific and leadership competencies in the field of physical education and sports sciences and to develop the balance of knowledge in the field of scientific research in the field of physical education and sports sciences to serve the local, regional and international community, as well as training and refining the minds of students scientifically and cognitively, and emphasizing social and cultural values and responsiveness. to local market requirements.

3. Program objectives

- 1- Understand the subject of sports training science and its importance in the training field.
- 2- Preparing students who have the potential to work in the teaching and training field.
- 3- Enabling the student to participate in university and local tournaments.

4. Software accreditation

There is no

5. Other external influences

There is no

6. Program structure

Program structure	Number of courses	Academic unit	Percentage ratio	* notes
Foundation requirements	60	2		Basic course
College requirements	YES			
Department requirements	YES			
Summer internship	NOT THERE			
Other				

*Comments may include whether the course is basic or optional.

7. Program description				
Year / level	Course code	Course name	Approved hours	
2024-2023 Second	CPE ST2	SPORT TRAINING	theoretical	2

8. Expected learning outcomes of the program	
Knowledge	
<ul style="list-style-type: none"> -1Enabling students to know the requirements for preparing athletes. -2Knowing how to participate in tournaments and competitions. -3Enabling students to discuss and analyze 	
Skills	

Enabling students to adjust subject requirements from a .training and local perspective	
Values	
Developing students' abilities to .share ideas	

9. Teaching and learning strategies

- 1-- Explaining the scientific material to students in detail.
- 2- Students' participation in sports topics.
- 3- Discussion and dialogue about vocabulary related to the topic

10. Evaluation methods
Weekly, monthly, daily exams and the end of the year exam

11. Teaching staff						
Faculty members						
Scientific rank	Specialization		requirements/ Special skills (if any)		teaching staff number	
	General	specific			cadre	
ASS.Lect	Physical education	Sport training			cadre	

Professional development

Mentoring new faculty members

Professional development of faculty members

12. Acceptance criterion

Direct admission

13. The most important sources of information about the program

- 1- Sports Training Science / Dr. Mohammad Redah
- 2- Sports Training Science / Dr. Abd Abi Nassif + Dr. Qasim Hassan Hussein
- 3- Main references (sources): the Internet and websites.
- 4- Books and references recommended by scientific journals, reports, master's theses, and doctoral dissertations.
- 5Electronic references/websites (Iraqi Sports Academy)

14. Program development plan

Enhancing the student's self-confidence in practical life, strengthening his will, developing a love of participation and cooperation, and the possibility of applying what he has learned in future life to build a sustainable sports community.

Program skills chart

Program skills chart				Required learning outcomes of the program											
Year/grade	Course code	Course name	Compulsory or optional	knowledge				skills				Values			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
				—	—			—	—	—		—	—		

• Please tick the boxes corresponding to the individual learning outcomes of the program being evaluated

Course description form

1. Educational institution
University Of Kirkuk / College of Physical Education and Sports Sciences
2.Scientific department / Centre
Theoretical sciences department
3.Course name / code
Sport training – CPE- ST2
4.Available attendance forms
Daily attendance records of students
5.Semester /year
2023-2024
6.Number of academic hours (total)
60 Hours
7.Date of preparation of this description
28-3-2024
8.Course objectives
Cultivating the spirit of competition among students

Psychological training improves discipline, willpower, confidence and courage

Improving the physical and skill qualities of students

9.Course outputs and methods of teaching, learning and evaluation

A- Cognitive objectives

- Empowering students and knowing the requirements for preparing athletes.

* Teaching and learning methods

1- Explaining the theoretical material to students in detail and applying it practically.

2- Students' participation in sports competitions held on campus.

3- Taking into account individual differences, learning by doing, as well as learning with the help of colleagues

4- Spreading the spirit of cooperation and learning skills

* Evaluation methods

1-Monthly exams, 2-Annual exams,

C-sentimental and valuable goals

1- Raising the cognitive values of academic subjects and learning the types of skills and the role of judges and administrators in basketball sports
2- Raising students' efficiency and teaching abilities and learning to coach beginners in basketball
3- Through familiarization with modern basketball, students prefer the practical application of the teacher's guidance and theoretical material
4- Raising emotional values through games during the lesson
D-general and qualifying skills transferred (other skills related to employability and personal development)
- Enhancing students' motivation and motivation to achieve their future goals.

10.Course structure					
Week	hours	Required learning outcomes	Name of the unit / subject	Learning method	valuation method
first	2		Special features of sports training	Explaining theoretical lectures using teaching and presentation methods as well as practical application	
second	2		Laws and principles of sports training		

third	2		Sports training preparation rules - special physical preparation rules		
fourth	2		All types of passing - chest, rebound, - high above the head, sideways		
fifth	2		The rule of regularity - the rule of - continuity - the rule of knowledge		
sixth	2		The rule of clarity - the rule of measurement - the rule of independent and group training		
Seventh	2		The rule of progression - the rule of repetition and repetition - the rule of diversification and change		
eighth	2		First semester exam		
ninth	2		Training load, its concept and types		
tenth	2		External load and its components		
eleventh	2		Training volume: its concept, types, and practical applications for measuring it		
twelfth	2		Training intensity: its concept, types, and methods for measuring it		

thirteenth	2		Training intensity as a concept, its types, and how to measure it		
Fourteenth	2		The relationship between the components of the training load		
fifteenth	2		The second exam for the second semester		
sixteenth	2		Methods and methods of sports training - method of continuous training		
seventeenth	2		The most important methods of continuous training		
Eighteenth	2		Traditional interval training, its types and training methods		
nineteenth	2		Repetitive training method		
Twenty	2		Modern interval training method		
Twenty-First	2		Circular training and its types		
Twenty-second	2		Hierarchical training method		
Twenty-third	2		الامتحان الثاني للفصل الثاني		

11. Course development plan

Enhancing the student's self-confidence in practical life, strengthening his will, developing a love of participation and cooperation, and the possibility of applying what he has learned in his future life to build an educated sports community