



Ministry of higher education and scientific research
Scientific supervision and evaluation apparatus
Department of quality assurance and academic
accreditation

Academic program and course description guide

2024

Introduction:

The educational program is a coordinated and organized package of courses that includes procedures and experiences organized in the form of study vocabulary, the main purpose of which is to build and refine the skills of graduates, making them qualified to meet the requirements of the labor market. It is reviewed and evaluated annually through internal or external audit procedures and programs, such as the external examiner program.

The description of the academic program provides a brief summary of the main features of the program and its decisions, indicating the skills that are being worked on to provide students based on the objectives of the academic program. The importance of this description is manifested because it represents the cornerstone in obtaining program accreditation and is co-written by teaching staff under the supervision of scientific committees in scientific departments.

This manual, in its second version, includes a description of the academic program after updating the vocabulary and paragraphs of the previous manual in the light of the developments and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly) as well as the adoption of the description of the academic program circulated under the book of the Department of studies Pm3/2906 on 3/5/2023 with respect to programs that adopt the Bologna track as the basis for their work.

In this area, we can only emphasize the importance of writing the description of academic programs and curricula to ensure the proper functioning of the educational process.

Concepts and terminology:

Description of the academic program: the description of the academic program provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course description: provides a brief summary of the most important characteristics of the course and the learning outcomes expected from the student to achieve, proving whether he has made the most of the available learning opportunities. It is derived from the program description.

Program Vision: an ambitious picture of the future of the academic program to be an advanced, inspiring, motivating, realistic and applicable program.

Program message: it briefly explains the goals and activities necessary to achieve them, as well as defines the development paths of the program and its directions.

Program objectives: these are phrases that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum structure: all courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna track), whether it is a requirement (Ministry, University, College and scientific department) with the number of academic units.

Learning outcomes: a compatible set of knowledge, skills and values acquired by the student after the successful completion of the academic program and must determine the learning outcomes for each course in a way that achieves the objectives of the program.

Teaching and learning strategies: these are the strategies used by the faculty member to develop the teaching and learning of the student

and are plans that are followed to reach the learning goals. That is, it describes all classroom and extra-curricular activities to achieve the learning outcomes of the program.

Academic program description form

University Name: University.... Kirkuk.....

Faculty/Institute: faculty....Physical education and sports science.....

Scientific Department: Department.....

Name of academic or professional program: Bachelor.....Physical education and sports science

Name of the final certificate: Bachelor.....Physical education and sports science

Academic system: annual

Date of preparation of the description: **14/04/2024**

Date of filling the file: 14/04/2024

Signature:

Head of department name: Prof. Dr. Shahin Raamze RAFIQ

Signature:

Scientific associate name: Dr. Hamid Muhammad AMASH

Date:

Check the file by the:

Department of Quality Assurance and University Performance

Department of Quality Assurance and University Performance name:
Abdulqader Nawzad Ismail

Date:

Signature:

Dean

Authentication

1. Program Vision

The College of Education and Sports Sciences has a number of graduates in the field of education and sports sciences to work in the field of governmental sports other than in the field of work and application

2. Program message

Working to prepare and graduate leading scientific and leadership competencies in the field of physical education and sports sciences and to develop the balance of knowledge in the field of scientific research in the field of physical education and sports sciences to serve the local, regional and international community, as well as training and refining the minds of students scientifically and cognitively, and emphasizing social and cultural values and responsiveness. to local market requirements.

3. Program objectives

- 1- Introducing students to the importance of sports psychology, its fields, and psychological problems.
- 2- Teaching students methods of psychological testing in the sports field.
- 3- Introducing students to methods of dealing psychologically with sports teams for the purpose of motivation, motivation and development of achievement.

4. Software accreditation

There is no

5. Other external influences

There is no

*Comments may include whether the course is basic or optional.

| 6. Program structure | | | | |
|-------------------------|-------------------|---------------|------------------|---------|
| Program structure | Number of courses | Academic unit | Percentage ratio | * notes |
| Foundation requirements | 60 | 2 | | |
| College requirements | yes | | | |
| Department requirements | yes | | | |
| Summer internship | There is no | | | |
| Other | | | | |

| 7. Program description | | | | |
|------------------------|-------------|-------------------|-----------------|---|
| Year / level | Course code | Course name | Approved hours | |
| 2023-2024/fourth | CPE CS4 | sports psychology | practica | 2 |

| 8. Expected learning outcomes of the program | |
|--|--|
| Knowledge | |
| 1- Enabling students to obtain knowledge and introduction to sports psychology. | |
| 2- Enabling students to obtain knowledge of how to conduct psychological tests and prepare for them. | |
| 3- Enabling students to obtain knowledge to benefit from it in practical application with sports teams and clubs | |
| Skills | |
| 1- Students acquire general knowledge of sports psychology. | |
| 2- Students gain the ability to deal psychologically with players for the purpose of reducing the pressures of training and competition. | |

| | |
|---|--|
| 3- Students gain the ability to take sports psychology tests. | |
| Values | |
| .Developing students' abilities to analyze and share ideas | |

| | |
|---|--|
| 9. Teaching and learning strategies | |
| 1- Explaining the scientific material to students in detail. | |
| 2- Students' participation in all aspects of the subject and its vocabulary through preparing quarterly reports that develop their ability to understand and realize. | |
| 3- Using computer presentation methods in addition to kinetic models. | |

| | |
|---|--|
| 10. Evaluation methods | |
| Through the participation of students in dialogue and discussions, as well as daily and semester theoretical examinations, and participation in extracurricular activities for the subject, through the practical application of some lectures. | |

| 11. Teaching staff | | | | | | |
|---------------------------|--------------------|-------------------|--|--|-----------------------|--|
| Faculty members | | | | | | |
| Scientific rank | Specialization | | requirements/ Special skills (if any) | | teaching staff number | |
| | General | specific | | | cadre | |
| Assistant Professor Dr | physical education | sports psychology | | | cadre | |

| |
|---|
| Professional development |
| Mentoring new faculty members |
| |
| Professional development of faculty members |
| |

12. Acceptance criterion

Direct admission

13. The most important sources of information about the program

1- Sports Psychology / Prof. Dr. Amer Saeed, Prof. Dr. Abdullah Hazza, Prof. Dr. Ali Hussein

2- Main references (sources): the Internet and websites.

3- Recommended books and references, scientific journals, reports, master's theses, and doctoral dissertations.

4- Electronic references/websites (Iraqi Sports Academy)

14. Program development plan

Benefiting from the knowledge students have acquired in developing the leadership personality of the physical education graduate.

| Program skills chart | | | | | | | | | | | | | | | |
|-----------------------|-------------|----------------------|------------------------|---|-----|-----|----|--------|-----|----|----|--------|------|------|----|
| | | | | Required learning outcomes of the program | | | | | | | | | | | |
| Year/grade | Course code | Course name | Compulsory or optional | knowledge | | | | skills | | | | Values | | | |
| | | | | A1 | A2 | A3 | A4 | B1 | B2 | B3 | B4 | C1 | C2 | C3 | C4 |
| / 2023-2024 Fourth | CPE CS4 | sports psychology | Basic | --- | --- | --- | | --- | --- | | | ---- | ---- | ---- | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |

●

● Please tick the boxes corresponding to the individual learning outcomes of the program being evaluated

Course description form

| |
|--|
| 1. Educational institution |
| Kirkuk University / College of Physical Education and Sports Sciences |
| 2. Scientific department / Center |
| Individual games branch |
| 3. Course name / code |
| CPE CS4 sports psychology |
| 4. Available attendance forms |
| Student daily attendance records |
| 5. Semester /year |
| 2023/2024 |
| 6. Number of academic hours (total) |
| 60 |
| 7. Date of preparation of this description |
| 14/04/2024 |
| 8. Course objectives |
| 1- Introducing students to the importance of sports psychology, its fields, and psychological problems. 2- Teaching students methods of psychological testing in the sports field. 3- Introducing students to methods of dealing psychologically with sports teams for the purpose of motivating and development of achievement. |

9.Course outputs and methods of teaching, learning and evaluation

A- Cognitive objectives

Enables students to obtain general knowledge of sports psychology

Enables students to obtain knowledge of how to conduct psychological tests

Enabling students to obtain knowledge that can be used in practical application with sports club teams

B- The skills objectives of the course

Students acquire general knowledge of sports psychology

Students acquire psychological dealings with players

* Teaching and learning methods

During the theoretical presentation of the course vocabulary

Through the use of presentation methods and scientific sources

* Evaluation methods

- Daily exam.

- Quarterly exam.

- Extracurricular activities.

C - Emotional and value goals

Theoretical materials simulate students' sense of knowledge and how to apply them practically.

| |
|--|
| - Raising the cognitive values of academic subjects through practical application |
| -Using skills in the method and style of playing. 2-Using the provisions of the law in arbitrating indoor football matches |
| - Applying the knowledge students have acquired in the field application for conducting psychological tests Students gain knowledge of dealing with players through psychological preparation |

| 10.Course structure | | | | | |
|---------------------|-------|---|----------------------------|------------------------------------|--------------------------|
| Week | Hours | Required learning outcomes | Name of the unit / subject | Learning method | Evaluation method |
| first | 2 | Psychology and sports psychology | | Theoretical and practical lectures | Semester exams + reports |
| second | | Fields of sports psychology Sports psychology tasks | | | |
| third | | Learning and motor learning | | | |
| fourth | | Remembering and forgetting | | | |

| | | | | | |
|------------|--|---|--|--|--|
| fifth | | Dividing the pillars of exercise/intellectual exercise in privacy | | | |
| sixth | | Personality, its components and theories | | | |
| Seventh | | Personality measures, development of personality traits | | | |
| eighth | | Incentives and motivation purposes | | | |
| ninth | | exam | | | |
| tenth | | Formation of motives, types and classification of motives | | | |
| eleventh | | Ways to use needs | | | |
| twelfth | | Psychological attitude attitude components theories | | | |
| thirteenth | | Configure and change directions | | | |
| Fourteenth | | Capacity - objectivity - readiness | | | |
| fifteenth | | First semester exam | | | |

| | | | | | |
|---------------|--|--|--|--|--|
| sixteenth | | Mental processes | | | |
| eventeenth | | Intelligence | | | |
| Eighteenth | | Students with weak levels | | | |
| nineteenth | | Group, its types | | | |
| Twenty | | Collective cohesion and fracture - social factors | | | |
| Twenty-First | | exam | | | |
| Twenty-second | | Anxiety - its types | | | |
| Twenty-third | | Psychological trauma | | | |
| Twenty-fourth | | Courage and boldness | | | |
| Twenty-fifth | | Psychological problems | | | |
| Twenty-sixth | | Psychological problems | | | |

| | | | | | |
|----------------|--|--|--|--|--|
| Twenty-seventh | | Psychological preparation is long-short | | | |
| Twenty-eighth | | Psychological preparation is long-short | | | |
| Twenty-ninth | | Success and failure | | | |
| Thirtieth | | exam | | | |

11. Course development plan

Enhancing the student's self-confidence in practical life, strengthening his will, developing a love of participation and cooperation, and the possibility of applying what ...he has learned in his future life to build an educated sports community

