



Ministry of higher education and scientific research
Scientific supervision and evaluation apparatus
Department of quality assurance and academic accreditation

Academic program and course description guide

2024

Introduction:

The educational program is a coordinated and organized package of courses that includes procedures and experiences organized in the form of study vocabulary, the main purpose of which is to build and refine the skills of graduates, making them qualified to meet the requirements of the labor market. It is reviewed and evaluated annually through internal or external audit procedures and programs, such as the external examiner program.

The description of the academic program provides a brief summary of the main features of the program and its decisions, indicating the skills that are being worked on to provide students based on the objectives of the academic program. The importance of this description is manifested because it represents the cornerstone in obtaining program accreditation and is co-written by teaching staff under the supervision of scientific committees in scientific departments.

This manual, in its second version, includes a description of the academic program after updating the vocabulary and paragraphs of the previous manual in the light of the developments and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly) as well as the adoption of the description of the academic program circulated under the book of the Department of studies Pm3/2906 on 3/5/2023 with respect to programs that adopt the Bologna track as the basis for their work.

In this area, we can only emphasize the importance of writing the description of academic programs and curricula to ensure the proper functioning of the educational process.

Concepts and terminology:

Description of the academic program: the description of the academic program provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course description: provides a brief summary of the most important characteristics of the course and the learning outcomes expected from the student to achieve, proving whether he has made the most of the

available learning opportunities. It is derived from the program description.

Program Vision: an ambitious picture of the future of the academic program to be an advanced, inspiring, motivating, realistic and applicable program.

Program message: it briefly explains the goals and activities necessary to achieve them, as well as defines the development paths of the program and its directions.

Program objectives: these are phrases that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum structure: all courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna track), whether it is a requirement (Ministry, University, College and scientific department) with the number of academic units.

Learning outcomes: a compatible set of knowledge, skills and values acquired by the student after the successful completion of the academic program and must determine the learning outcomes for each course in a way that achieves the objectives of the program.

Teaching and learning strategies: these are the strategies used by the faculty member to develop the teaching and learning of the student and are plans that are followed to reach the learning goals. That is, it describes all classroom and extra-curricular activities to achieve the learning outcomes of the program.

Academic program description form

University Name: University.... Kirkuk.....

Faculty/Institute: faculty...Physical education and sports science.....

Scientific Department: Department.....

Name of academic or professional program: Bachelor.....Physical education and sports science

Name of the final certificate: Bachelor.....Physical education and sports science

Academic system: annual

Date of preparation of the description:

Date of filling the file:

Signature

Signature:

Head of department name:
name:

Scientific associate

Professor Shahin Ramzi Rafiq

Hamid Muhammad Amash

Date:31-3-2024

Date:31-3-2024

Check the file by the:

Department of Quality Assurance and University Performance

Department of Quality Assurance and University Performance name:
Abdulqader Nawzad Ismail

Date:

Signature:

Dean Authentication

1. Program Vision

The College of Physical Education and Sports Sciences seeks to prepare graduates in physical education and sports sciences to work in governmental departments and utilize their expertise in the practical field and application

2. Program message

Working on preparing and graduating pioneering scientific and leadership competencies in the field of physical education and sports sciences, as well as advancing the knowledge base in scientific research in the field of physical education and sports. This is aimed at serving the local, regional, and international communities, in addition to training and refining students' minds scientifically and cognitively. It also emphasizes social and cultural values and responds to the requirements of the local market

3. Program objectives

1 –Understand and understand the subject of sports training science and its importance in the training field.

2 –Preparing students who have the potential to work in the teaching and training field.

3 –Enabling the student to participate in university and local tournaments.

4. Software accreditation

There is no

5. Other external influences

There is no

6. Program structure

Program structure	Number of courses	Academic unit	Percentage ratio	* notes
Foundation requirements	60	2		Basic course
College requirements	Yes			
Department requirements				
Summer internship				
Other				

*Comments may include whether the course is basic or optional.

7. Program description				
Year / level	Course code	Course name	Approved hours	
2023-2024 fourth	CPE ST4	Science of sports training	practical	2

8. Expected learning outcomes of the program	
Knowledge	
1 -Enabling students to know the requirements for preparing athletes. 2 -Knowing how to participate in tournaments and competitions. 3 -Enabling students to discuss and analyze	
Skills	
Enabling students to adjust subject requirements .from a training and local perspective	
Values	
Developing students' abilities to share ideas	

9. Teaching and learning strategies
-1Explaining the scientific material to students in detail. -2Students' participation in sports topics . 3-Discussion and dialogue about vocabulary related to the topic

10. Evaluation methods
Weekly, monthly, daily exams and the end of the year exam.

11. Teaching staff						
Faculty members						
Scientific rank	Specialization		requirements/ Special skills (if any)		teaching staff number	
	General	specific			cadre	
Assistant lecturer	Physical education	Science of sports training			cadre	

Professional development
Mentoring new faculty members
Professional development of faculty members

12. Acceptance criterion
Direct admission

13. The most important sources of information about the program
1 -Sports Training Science / Dr. Fatima Abdel Maleh + Dr. Nawal Mahdi Al-Obaidi
2 -Sports Training Science / Dr. Abd Abi Nassif + Dr. Qasim Hassan Hussein
3 -Main references (sources): the Internet and websites .
4 -Books and references recommended by scientific journals, reports, master's theses, and doctoral dissertations.
5 -Electronic references/websites (Iraqi Sports Academy))

14. Program development plan
Enhancing the student's self-confidence in practical life, strengthening his will, developing a love of participation and cooperation, and the possibility of applying what .he has learned in future life to build a sustainable sports community

Course description form

1. Educational institution
Kirkuk University / College of Physical Education and Sports Sciences
2. Scientific department / Center
Branch Games Branch
3. Course name / code
handball CPE HB4
4. Available attendance forms
Daily attendance records for students
5. Semester / year
2023-2024
6. Number of academic hours (total)
60
7. Date of preparation of this description
2024-3-29
8. Course objectives
1- Cultivating the spirit of competition among students Psychological training improves discipline, willpower, confidence and courage Improving the physical and skill qualities of students

Expected learning outcomes of the program
A- Tourism objectives -Knowledge of students and athletes' preparation requirements. -Knowing how to participate in tournaments and competitions. -Ask for requests for discussion and analysis.
Skills Enabling students to adjust the training material and apply it in their practical and .theoretical lives
Teaching and learning methods
Field participation in tournaments

* Evaluation methods
<ul style="list-style-type: none"> - Daily exam. - Discrimination. -Extracurricular relationship.
<p>C-sentimental and valuable goals</p> <ul style="list-style-type: none"> -Strengthening the student’s personality and self-confidence. -Promoting the values of courage, love and cooperation for students..
D-general and qualifying skills transferred (other skills related to employability and personal development)
.Enhancing students’ motivation and motivation to achieve their future goals

10.Course structure					
Week	hours	Required learning outcomes	Name of the unit / subject	Learning method	Evaluation method
First	2		Physical preparation -His concept -Its types -Stages of his training	Theoretical and practical lectures	Semester exams + reports
Second	2		Muscular strength -Its concept -Its types -Factors affecting it		
Third	2		Methods and techniques for training types of muscular strength		

fourth	2		speed -Its concept -Its types -Factors affecting it		
fifth	2		Methods and techniques for training types of speed		
sixth	2		Endurance -Its concept -Its types -Factors affecting it		
Seventh	2		Endurance training methods and methods		
eighth	2		The first exam for the first semester		
ninth	2		Flexibility training -Its concept -Its types -Factors affecting it		
tenth	2		Methods and techniques for training physical flexibility		
eleventh	2		Motor coordination training -Its concept -Its types -Her training		
twelfth	2		Fitness training -Its concept -Its types -Training her		
thirteenth	2		Skill preparation		

Fourteenth	2		Tactical preparation		
fifteenth	2		The second exam for the first semester		
sixteenth	2		Sports training situations -Degree of training		
seventeenth	2		Sports training situations -Forma Sports		
Eighteenth	2		Sports training situations -Sports Summit		
nineteenth	2		-Training juniors -Training applicants		
Twenty	2		High level training		
Twenty-First	2		Selection in athletic training		
Twenty-second	2		Planning in sports training -Types and foundations of sports planning		
Twenty-third	2		The first exam of the second semester		
Twenty-fourth	2		Training unit -Its concept -Her goals -its sections -Its types		
Twenty-fifth	2		Training unit		

			-Problems of implementation -Building models -Field application of the training unit (practical)		
Twenty-sixth	2		Minor training circle -Its concept -Its types -Models of it		
Twenty-seventh	2		Intermediate training department -Its concept -Its types -Models of it		
Twenty-eighth	2		Annual training department -Periods and stages of training in the annual plan		
Twenty-ninth	2		Types of annual training circles and models thereof		
Thirtieth	2		The second exam for the second semester		

11. Course development plan

Enhancing the student's self-confidence in practical life, strengthening his will, developing a love of participation and cooperation, and the possibility of applying what .he has learned in his future life to build an educated sports community