



Ministry of higher education and scientific research  
Scientific supervision and evaluation apparatus  
Department of quality assurance and academic  
accreditation

## **Academic program and course description guide**

2024

## **Introduction:**

The educational program is a coordinated and organized package of courses that includes procedures and experiences organized in the form of study vocabulary, the main purpose of which is to build and refine the skills of graduates, making them qualified to meet the requirements of the labor market. It is reviewed and evaluated annually through internal or external audit procedures and programs, such as the external examiner program.

The description of the academic program provides a brief summary of the main features of the program and its decisions, indicating the skills that are being worked on to provide students based on the objectives of the academic program. The importance of this description is manifested because it represents the cornerstone in obtaining program accreditation and is co-written by teaching staff under the supervision of scientific committees in scientific departments.

This manual, in its second version, includes a description of the academic program after updating the vocabulary and paragraphs of the previous manual in the light of the developments and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly) as well as the adoption of the description of the academic program circulated under the book of the Department of studies Pm3/2906 on 3/5/2023 with respect to programs that adopt the Bologna track as the basis for their work.

In this area, we can only emphasize the importance of writing the description of academic programs and curricula to ensure the proper functioning of the educational process.

## Concepts and terminology:

Description of the academic program: the description of the academic program provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course description: provides a brief summary of the most important characteristics of the course and the learning outcomes expected from the student to achieve, proving whether he has made the most of the available learning opportunities. It is derived from the program description.

Program Vision: an ambitious picture of the future of the academic program to be an advanced, inspiring, motivating, realistic and applicable program.

Program message: it briefly explains the goals and activities necessary to achieve them, as well as defines the development paths of the program and its directions.

Program objectives: these are phrases that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum structure: all courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna track), whether it is a requirement (Ministry, University, College and scientific department) with the number of academic units.

Learning outcomes: a compatible set of knowledge, skills and values acquired by the student after the successful completion of the academic program and must determine the learning outcomes for each course in a way that achieves the objectives of the program.

Teaching and learning strategies: these are the strategies used by the faculty member to develop the teaching and learning of the student

and are plans that are followed to reach the learning goals. That is, it describes all classroom and extra-curricular activities to achieve the learning outcomes of the program.

### Academic program description form

University Name: University.... Kirkuk.....

Faculty/Institute: faculty....Physical education and sports science.....

Scientific Department: Department Branch of theoretical sciences .

Name of academic or professional program: Bachelor.....Physical education and sports science

Name of the final certificate: Bachelor.....Physical education and sports science

Academic system: annual

Date of preparation of the description: 2024 | 10 | 10

Date of filling the file: 2024 | 10 | 10

Signature:

Scientific associate name: M.D. Hamid  
Muhammad Amash

Date:2024|10|10

Check the file by the:

Department of Quality Assurance and University Performance

Department of Quality Assurance and University Performance name:  
zaid ali obaid issa

Date: 2024 | 10 | 110

Signature:

Dean

Authentication

### 1. Program Vision

The College of Physical Education and Sports Sciences seeks to prepare graduates to work in government departments and benefit from specialization in the practical and applied field

### 2. Program messWorking

Working to prepare and graduate leading scientific and leadership competencies in the field of physical education and sports sciences and to develop the balance of knowledge in the field of scientific research, physical education and sports sciences to serve the local, regional and international community as well as training and refining the minds of students scientifically and .cognitively

### 3. Program objectives1- Knowledge and understanding of handball in terms of plans, rules and basic handball skills

Preparing students who have the ability to manage handball matches -2

### 4. Software accreditation

There is no

### 5. Other external influences

There is no

### 6. Program structure

Program structure	Number of courses	Academic unit	Percentage ratio	* notes
Foundation requirements	60	2		Basic course
College requirements	yas			
Department requirements	yas			

Summer internship	nothing			
Other				

\*Comments may include whether the course is basic or optional.

7. Program description				
Year / level	Course code	Copracticalurse name	Approved hours	
2   2024-2023	CpE HB2	Basketball	practical	4

8. Expected learning outcomes of the program	
<b>Knowledge</b>	
<p>1 . Identifying the legal materials (7) articles out of (18) legal articles</p> <p>2. Learn about the basic skills of handball3- Learn to perform and work to economize on the effort expended according to the requirements of each skill and form the appropriate motor programs for it</p>	
<b>Skills</b>	
<p>1- Holding the ball - receiving the ball (receiving - catching - stopping)</p> <p>2- Handling and its types</p> <p>3- Plumpness</p>	

4- Correction and its types Deception and its types (with -5 (and without the ball	
<b>Values</b>	

### 9. Teaching and learning strategies

- 1-Daily theoretical and practical lectures.
- 2- Assigning students to some duties related to the subject.
- 3- Watch international and local matches via YouTube.
- 4- Field viewing of competitive handball matches by players and teachers.

### 10. Evaluation methods

Through the daily assessment of skills, theoretical exams, practical exams, assignments, .activities, and the end-of-year exam

### 11. Teaching staff

#### Faculty members

Scientific rank	Specialization		requirements/ Special skills (if any )		teaching staff number	
	General	specific			cadre	
Assistant teacher	physical education	basketball			cadre	

## Professional development

Mentoring new faculty members

Professional development of faculty members

## 12. Acceptance criterion

Direct admission

## 13. The most important sources of information about the program

- 1- Required textbooks LAW- Basketball )
- 2- Main references (sources) methodological books
- 3- Recommended books and references (scientific journals, reports)
- 4- Electronic reference | Internet sites (Iraqi Sports Academy)

## 14. Program development plan

To enhance the student's self-confidence in practical life, strengthen his will, develop a love of participation and cooperation, and the possibility of applying what he has learned in a future life to build an educated sports community.



Program skills chart															
				Required learning outcomes of the program											
Year/grade	Course code	Course name	Compulsory or optional	knowledge				skills				Values			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
2023_2024	CPE HB2	fitness	Basic	—	—			—	—	—		—	—		
First				—	—			—	—	—		—	—		
				-				-	-	—					

● Please tick the boxes corresponding to the individual learning outcomes of the program being evaluated

## Course description form

<b>1. Educational institution</b>
Kirkuk University College of Physical Education and Sports Sciences
<b>2.Scientific department / Center</b>
Branch of theoretical sciences
<b>3.Course name / code</b>
CPE H B 2 fitness
<b>4.Available attendance forms</b>
Daily attendance records for students
<b>5.Semester /year</b>
2024\2023
<b>6.Number of academic hours (total )</b>
120
<b>7.Date of preparation of this description</b>
2024\4\16
<b>8.Course objectives</b>
1. Explaining and teaching the vocabulary of the internationally translated handball law

2. Explaining and teaching the theoretical material of the basic skills of the game
3. Teaching and field application of the basic skills vocabulary for the game of handball - the first level - the second stage.

### **9.Course outputs and methods of teaching, learning and evaluation**

#### **A- Cognitive objectives**

1. Identify the legal materials (7) articles out of (18) legal articles.
2. Learn about the basic skills of fitness .
3. Learn to perform and work to economize the effort expended according to the requirements of each skill and form the appropriate motor programs for it.

#### **B - The skills objectives of the course**

1. Holding the ball - receiving the ball (receiving - catching - stopping).
2. Handling and its types.
3. Plumpness.
4. Shooting and its types.
5. Deception and its types (with the ball and without the ball).

### **\* Teaching and learning methods**

1. Daily theoretical and practical lectures.
2. Assigning students to some duties related to the subject.
3. Watch international and local matches via YouTube.
4. Field viewing of competitive fitness .
5. Organizing competitive competitions among students of the same division.

### **\* Evaluation methods**

**Through the daily calendar - theoretical exams - practical exams - assignments and activities.**

C-sentimental and valuable goals

1. Theoretical materials simulate students' sense of familiarity with cognitive aspects and how to apply them practically
2. Raising the cognitive values of academic subjects and learning discipline, endurance and adaptation
- 3 Raising students' efficiency and teaching abilities in physical education lessons during application, learning formations, and class control.
4. Raising emotional values by assuming responsibility as a scout leader, working with the team, and helping others

D-general and qualifying skills transferred ( other skills related to employability and personal development )

Enhancing students' motivation and motivation to achieve their future goals.

10.Course structure					
Week	Hours	Required learning outcomes	Name of the unit / subject	Learning method	Evaluation method
first	2		Fitness concept		
second	2		Fitness elements		
third	2		Benefits of Fitness		
fourth	2		The importance of physical fitness		
fifth	2		Fitness Sections		
sixth	2		Elements related to athletic performance		

Seventh	2		Health related items		
eighth	2		Exercise and its benefits		
ninth	2		The importance of health-related elements		
tenth	2		Aerobic exercise		
eleventh	2		Anaerobic exercise		
twelfth	2		Practical exam		
thirteenth	2		Theoretical exam		
Fourteenth	2		Zumba		
fifteenth	2		Types of Zumba		
sixteenth	2		Benefits of Zumba		
seventeenth	2		The importance of Zumba		

Eighteenth	2		Sports form		
nineteenth	4		Training status		
Twenty	2		Sports Formation Stages		
Twenty-First	2		Steroids		
Twenty-second	2		Types of stimulants		
Twenty-third	2		Obesity and its harms		
Twenty-fourth	2		The effect of obesity		
Twenty-fifth	2		Obesity risks		
Twenty-sixth	2		Obesity risks		
Twenty-seventh	2		The effect of obesity		
Twenty-eighth	2		Obesity risks		

Twenty-ninth	2		Theoretical exam		
Thirtieth	2		Practical exam		



## 11. Course development plan

Enhancing the student's self-confidence in what he learns in the educational stage -1  
Strengthening the student's will, developing a love of participation and competition, -2  
and the possibility of localizing the principle of cooperation and teamwork  
Practical application by students of all basic basketball skills -3